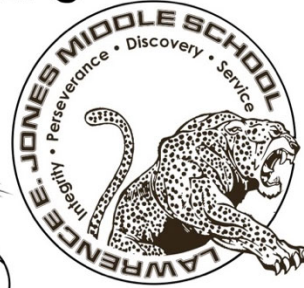


ROHNERT PARK MIDDLE SCHOOL SPORTS EXPO



VS



SPORTSMANSHIP - COMMUNITY - LIFE LONG FITNESS

Sign Up Now!!

Use the backside of this form or scan the QR code.

FAMILY 5K - BASKETBALL - VOLLEYBALL



**Middle School
High School &
Adult Division
& All Ages 5k
Run/walk**

**Form team
of 6-8 players
& choose
basketball or
volleyball**

**Fill out this
form or
Register
Your Team
online**

**Play Against Teams
from the opposing
school. Run in the 5k.
Enjoy a BBQ lunch with
players and families!**

**Watch & cheer for
Teams including
the LJMS vs TMS
Teachers Teams**

The first annual Rohnert Park Middle School Sports Expo is coming soon! Join other members of the community in a show of sportsmanship and athletic participation for the whole family. Gather your friends and form a team or run/walk in the 5K. All proceeds benefit the middle school athletics program.

SAT. 2/29/2020 ~ 9:30 AM – 12:30 PM
Rancho Cotate High School ~ TAG Building

Tech Middle PTSA is a 501(c)(3) Charitable Non-Profit - All Donations Fully Tax Deductible
All proceeds from the event benefit middle school athletics.

This event is made possible in part by a grant from the City of Rohnert Park Foundation

Event Details:

8:45 5k registration and arrival

9:20 5K starts & TAG doors open/VBall team registration

9:45 Volleyball games begin

10:30 Basketball Registration begins

11:15 Basketball games start

11:30 BBQ Lunch Service Starts

Select Event: Adult Team (\$48 per Team)

High School Team (\$24 Team)

Middle School Team (\$24 per Team)

Adult 5k Participant (\$10 per individual)

Number of 5k Adults: _____

Youth (under 18 - \$5 per individual)

Number of 5k Youth: _____

Sport:

Basketball Volleyball

5k Run/Walk

Age Group:

Adult

High School

Middle School

5K Individual/Family

Team Competition Level:

"Let's Go" (Competitive)

Just for Fun

Teams: 6-8 players. Must Wear Matching Shirts.

Registration Includes Free BBQ Lunch – Sponsored by Innovative Screen Printing

FAMILY/TEAM INFORMATION: Write first and last name of all participants that you are registering for the 5k or Team tournament.

Choose A School to Support:

Technology Middle School

Lawrence Jones Middle School

Team Name: _____

Contact Name: _____ Phone _____

Contact Email: _____ (you will receive event details)

PLAYER/PARTICIPANT 1: _____

PLAYER/PARTICIPANT 2: _____

PLAYER/PARTICIPANT 3: _____

PLAYER/PARTICIPANT 4: _____

PLAYER/PARTICIPANT 5: _____

PLAYER/PARTICIPANT 6: _____

(Optional) PLAYER/PARTICIPANT 7: _____

(Optional) PLAYER/PARTICIPANT 8: _____

Please mail this form or turn into the office at LJMS or TMS with cash or check payable to Tech Middle PTSA with this form to:

Technology Middle School PTSA - 7165 Burton Avenue - Rohnert Park, CA 94928

Prefer to pay by credit card? Scan QR code or Visit TechMiddlePTSA.com –Store Questions? Email: tressa_bronner@crpusd.org

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